



**ITHACA COACHING.MOTHERS AS LEADERS**  
**CEO -STELIANA VAN DE RIJT- ECONOMU**

**THE TARRIFS FOR OUR SERVICES& PRODUCTS**

Thank you for partnering with us. It is an honor to serve you powerfully. Your satisfaction is our reward.

All prices are excluding the 21% applicable VAT in The Netherlands. For specific customization of the learning agenda and materials based on a learning needs analysis we charge an extra 30% to cover for the time spent.

PRODUCTS	Unit	Type	Price
<b>'Mothers as Leaders. Dare to dream' signature workshop</b>	60-90 min	Non-tailored design, Virtual platform	490 - 600 EUR – audience of max 30
<b>Mothers as Leaders Book</b> bulk company order	15 pieces	Paper back	200 EUR
<b>Diversity &amp; Inclusion Masterclasses:</b> - Gender - Inclusion - Culture	60 - 90 min	Non-tailored, virtual	850 - 1000 EUR
<b>Mental Fitness&amp; positive intelligence digital learning and Group Coaching</b>	6 -weeks in a group of 5	Digital learning: video sessions, group coaching, combined with daily app-guided practices.	995 EUR per person for the 6- weeks coaching and learning program.

SERVICES	Unit	Type	Price excl VAT
<b>Executive Coaching</b>	60-75 min	1to1 Virtual via Teams, Zoom or Skype	200 EUR (for a package of 6 sessions, 20% discount)
<b>Team Development</b> (appropriate tools: MBTI, TDS, Blanchard, 360 Connect, Kantor)	Half a Day (3-4 hrs)	Facilitation, group coaching	1600 EUR For groups of max. 15 people
<b>Consultancy (change, culture, diversity)</b>	Week (4-days) Or pro-rated	Virtual and F2F as appropriate	3200 EUR

\*) We believe an effective consultancy project including the phases of Scoping, Inquiry, Discovery, Execution and Review needs at least a week (5 days) of a full-time equivalent consultant.

Contact at: [steliana@mothersasleaders.com](mailto:steliana@mothersasleaders.com)  
[www.mothersasleaders.com](http://www.mothersasleaders.com)